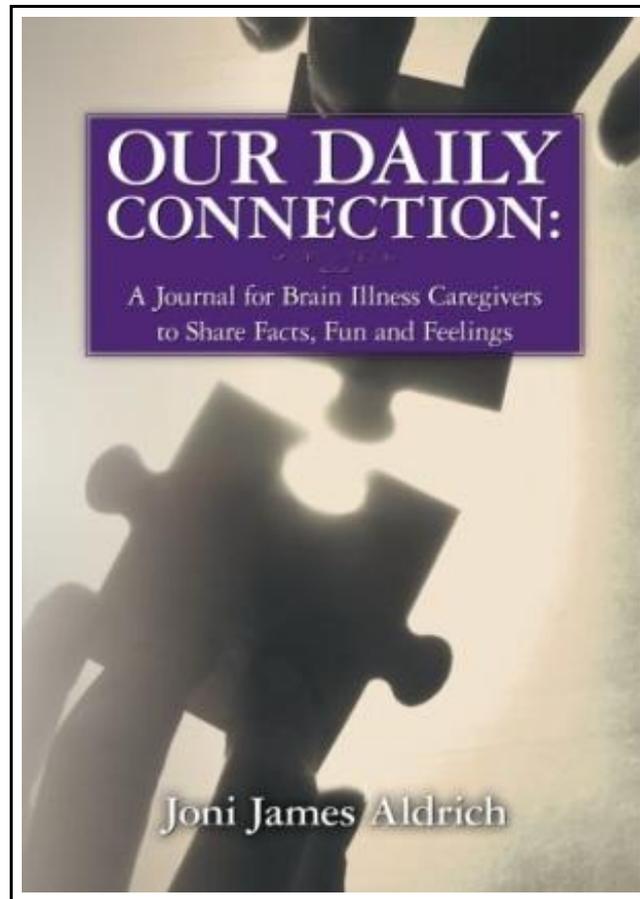


## Our Daily Connection: A Journal for Brain Illness Caregivers to Share Facts, Fun and Feelings



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## OUR DAILY CONNECTION: A JOURNAL FOR BRAIN ILLNESS CAREGIVERS TO SHARE FACTS, FUN AND FEELINGS



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Createspace, United States, 2011. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The statistics are sobering-now and well into the future-until a cure is found for dementia and Alzheimer s disease. In the United States, approximately four million people have dementia (Alzheimer s disease is a form of dementia), although the number may be as high as five million. Going forward in your daily walk with a brain illness patient, journaling is an important documentation tool. Our Daily Connection is a journal to log day-to-day facts and emotions for thirty-one days. Each day has a Theme of the Day. The theme includes songs, activities, and a food to entice both the caregiver and care receiver to have a good time. There is also a Tip of the Day and Quote of the Day to guide and inspire you in your daily walk. Music can be soothing and elevate the mood of both the caregiver and care receiver. Many dementia patients who can t take part in a conversation can still sing. Included are several songs for each day s theme. If you don t know any of the songs, then think up one on your own. If you don t know the words to a song, then simply hum-or just make up the lyrics as you go along. It s a guideline, not a rule. Make it a game to remember songs around that theme. Neysa Peterson (the co-author of my books on brain illness) opened my mind to the fact that patients with a brain illness experience boredom. Until the later stages, dementia patients are usually able to participate in daily activities. Every care receiver is different, and what they can or will do depends on their mental aptitude,...

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