



## Ageless Memory: The Memory Experts Prescription for a Razor-sharp Mind

By Harry Lorayne

Black Dog Leventhal Publishers Inc, United States, 2010.

Paperback. Book Condition: New. 206 x 140 mm. Language:

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and mega-bestselling author? proves that memory CAN get better with age!

Diet and exercise are great, but what good is a healthy body if you don't have the mental capabilities to go

with it? Harry Lorayne, who is now 83 years old, has been honing and teaching his foolproof system for sharpening the

mind, improving concentration, and attaining a truly superpower memory for more than 40 years.

Ageless Memory is the culmination of this memory expert's life's work.

Specifically geared to our needs as we age, his unique memory system can be put into practice immediately?

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