



## Your Family Doctor, High Blood Pressure: Diagnosis and Prevention, Medicines, Self-Management

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By Vinod Wadhwa

Wisdom Tree. Paperback. Book Condition: new. BRAND NEW, Your Family Doctor, High Blood Pressure: Diagnosis and Prevention, Medicines, Self-Management, Vinod Wadhwa, High blood pressure or hypertension: easily manageable, and if left unattended can play havoc with our bodies. Written in a lucid manner, this small yet powerful book explains the causes and effects of hypertension and suggests easy remedies. This silent killer includes a Quick Action Plan.



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